

Dear islet transplant recipient:

We hope you will be able to provide some information about your health since your last follow-up visit at our transplant center. We would be very grateful for your answers to this short questionnaire. This information is very important in the continuing search for a cure for Type 1 diabetes.

If you have an idea of what the answer to any question is, please provide your best recollection or estimate. If you have no idea what the answer to a question is, leave it blank. If you need any help completing the questionnaire, do not hesitate to call your transplant center coordinator.

1. **Date of birth:** _____ (mm/dd/yyyy)
2. **Date of first islet transplant:** _____ (mm/dd/yyyy)
3. **Transplant center where you received your islets:** _____
4. **Have you used insulin in the past two weeks:** Yes No
 If Yes, what is your average daily insulin use: _____ Total units per day
5. **What is your most recent:**
 - a. HbA_{1c} measurement: _____ Month/Year: ____/____
 - b. C-peptide measurement: _____ Month/Year: ____/____
 - i. Did you fast before this measurement: Yes No
 - c. Serum Creatinine measurement: _____ Month/Year: ____/____
 - d. Blood Glucose measurement: _____ Month/Year: ____/____
 - i. Did you fast before this measurement: Yes No
6. **In the past year,** how many times did you experience an episode of hypoglycemia that required the assistance of another person to recognize or help you treat the episode (you can answer 0 for none, or 1, 2, 3, 4, etc. If you can't remember exactly how many, give your best estimate, for example, 5 or 10): _____
 - i. How many of the above episodes involved a loss of consciousness and/or seizure: _____ (0 for none, 1, 2, 3 etc. or your best estimate)
7. **Have you received any other transplants since your last islet transplant at our center:**
 - a. **Islet** Yes No
 If yes,
 - i. Currently functioning? Yes No
 - ii. Month / year of transplant? _____
 - b. **Kidney** Yes No
 If yes,
 - i. Currently functioning? Yes No
 - ii. Month / year of transplant? _____

- c. **Pancreas** Yes No
If yes,
i. Currently functioning? Yes No
ii. Month / year of transplant? _____
- d. **Liver** Yes No
If yes,
i. Currently functioning? Yes No
ii. Month / year of transplant? _____
- e. **Heart** Yes No
If yes,
i. Currently functioning? Yes No
ii. Month / year of transplant? _____
- f. **Lung** Yes No
If yes,
i. Currently functioning? Yes No
ii. Month / year of transplant? _____

8. **During the past 3 months**, have you had numbness, pain, tingling or loss of feeling in your hands or feet, other than from your hands or feet falling asleep: Yes No

9. **List all prescription medications that you are currently taking.** If you do not know the exact date when you started a medication, please write only the month/year or year. *If you need more room to write, please use the last page:*

- a. Medication name: _____
i. Approximate start date: _____
ii. Dose (for example, 25 milligrams): _____
iii. Frequency (for example, twice a day): _____
iv. Route (for example, by mouth): _____
- b. Medication name: _____
i. Approximate start date: _____
ii. Dose (for example, 25 milligrams): _____
iii. Frequency (for example, twice a day): _____
iv. Route (for example, by mouth): _____
- c. Medication name: _____
i. Approximate start date: _____
ii. Dose (for example, 25 milligrams): _____
iii. Frequency (for example, twice a day): _____
iv. Route (for example, by mouth): _____
- d. Medication name: _____
i. Approximate start date: _____

- ii. Dose (for example, 25 milligrams): _____
- iii. Frequency (for example, twice a day): _____
- iv. Route (for example, by mouth): _____
- e. Medication name: _____
 - i. Approximate start date: _____
 - ii. Dose (for example, 25 milligrams): _____
 - iii. Frequency (for example, twice a day): _____
 - iv. Route (for example, by mouth): _____
- f. Medication name: _____
 - i. Approximate start date: _____
 - ii. Dose (for example, 25 milligrams): _____
 - iii. Frequency (for example, twice a day): _____
 - iv. Route (for example, by mouth): _____
- g. Medication name: _____
 - i. Approximate start date: _____
 - ii. Dose (for example, 25 milligrams): _____
 - iii. Frequency (for example, twice a day): _____
 - iv. Route (for example, by mouth): _____
- h. Medication name: _____
 - i. Approximate start date: _____
 - ii. Dose (for example, 25 milligrams): _____
 - iii. Frequency (for example, twice a day): _____
 - iv. Route (for example, by mouth): _____

10. Have you had any medical problems, major illnesses, or experienced any adverse effects since the last follow-up: Yes No

If Yes, please describe each problem/event (*if you need more room to write, please use the last page*):

EVENT	Have you experienced this event?	If Yes, when did this event start?
Weak or failing kidneys (do not include kidney stones, bladder infections, or incontinence):	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____

EVENT	Have you experienced this event?	If Yes, when did this event start?
Coronary heart disease	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____
Stroke	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____
Peripheral vascular disease	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____
Retinopathy – Diabetes affecting your eyes or vision	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____
Other:	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____
Other:	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____
Other:	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____
Other:	<input type="checkbox"/> No <input type="checkbox"/> Yes-I was treated <input type="checkbox"/> Yes-I was hospitalized	Month/Year: ____/____

11. Have you had any eye surgeries since your last visit to our center: Yes No

a. If Yes, indicate type of surgery: _____

b. Month/Year: ____/____

c. Which eye (Check one): Right Left Both

12. In general, would you say your health is

Excellent Very Good Good Fair Poor

Please provide any further information or any feedback regarding your participation in CITR:

Signature: _____ **Date:** _____

THANK YOU!!

Please send to your transplant center coordinator.